

| AFRH - G / Master Menus Week of 06 / 20 / 2022 / Cycle 2 - REGULAR LINE | | | |
|---|---|---|---|
| | BREAKFAST - 0700 - 0830 | LUNCH - 1130 - 1300 | DINNER - 1630 - 1800 |
| MON Jun 20th | Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon / Shredded Hash Browns French Toast Made to Order on the Grill Biscuits / Sausage Gravy | Fresh Tomato Tortellini Soup Creamy Chicken & Wild Rice Soup Turkey Salad w/ Ritz Crackers Fried Pork Chops Cinnamon Orange Yams Turnip Greens w/Ham Stewed Cabbage Yeast Rolls / Cornbread | Fresh Tomato Tortellini Soup Egg Drop Soup Assorted Deli Meats / Cheeses Teriyaki Chicken / Fried Egg Rolls Stir Fried Rice Stir Fried Asian Veggies Broccoli / Fortune Cookies Dinner Rolls / Sliced Bread |
| TUES Jun 21st | Donuts / Bran Muffins / Apple Fritters Assorted Coffee Cakes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Chipped Beef Lyonnaise Potatoes Biscuits / Country Gravy | Trky, Spnch, Lntl Soup & Kale Soup Strawberry Spinach Salad Baked Salmon w/ Cucumber Sauce Prime Rib w/Bordelaise Sauce Baked Potato w/Sour Crm/Butter Whole Haricot Vert Green Beans Roasted Carrots Parker House Rolls / Assort Sweets | Turkey, Spinach & Lentil Soup Lobster Bisque Assorted Deli Meats / Cheeses Pecan Crusted Tilapia / Sliced Rst Beef Baked Potato w/Sour Crm/Butter Steamed Asparagus Squash Casserole Brown&Serve Rolls / Sliced Breads |
| WED Jun 22nd | Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks / Baked Beans Buttery Diced Potatoes Corn Muffins / Biscuits / Country Gravy | Roasted Cauliflower & Mushroom Soup Chili Bean Soup / Pimento Cheese Sautéed Italian, Garlic Butter Shrmpr Country Fried Steaks/White Gravy Mashed Potatoes / Brown Gravy Roasted Fresh Zucchini Gala Apple, Gldn Rsns, Gr Grapes Salad Slider Rolls / Cornbread | ** BREAKFAST NIGHT ** Soups / Brkfst Breads & Pastries Sausage / Bacon / Deli Meats / Cheeses Scrambled Eggs / Eggs to Order Western Eggs Casserole Shred Hash Browns / Brkfst Fruits French Toast to Order at the Grill Biscuits / Country Gravy / SOS |
| THUR Jun 23rd | Donuts / Bran Muffins / Apple Fritters Assorted Muffins Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Sausage Links/Patties / Hash Browns Pancakes / Banana Topping Biscuits / Country Gravy | Corn & Potato Chowder Winter Minestrone Soup Nachos w/ Chili,Queso,Grnd Beef & Fixins Beef Stew w/Potatoes & Carrots Curly Egg Noodles Caribbean Blend Veggies Traditional Coleslaw Parker House Rolls / Cornbread | Corn & Potato Chowder Winter Minestrone Soup Assorted Deli Meats / Cheeses American Style Tomato & Beef Goulash w/Macaroni / Cheesy Rosemary Bread Sugar Snap Peas Cauliflower w/Cheese Sauce Garlic Bread / Sliced Breads |
| FRI Jun 24th | Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Ground Beef Home Fried Potatoes Biscuits / Country Gravy | Zesty Italian Soup Chicken & Sausage Gumbo Egg Salad w/ Mini Sliders Fried Fish w/Cocktail/Tartar Sauce Mediterranean Penne Pasta Caesar Salad California Blend Veggies Hushpuppies / Cornbread | Zesty Italian Soup Chicken & Sausage Gumbo Assorted Deli Meats / Cheeses Smothered Beef Short Ribs 'n Gravy Mashed Potatoes / Beef Rib Gravy Pacific Rim Blend Veggies Harvard Beets Dinner Rolls / Sliced Breads |
| SAT Jun 25th | Donuts / Bran Muffins / Apple Fritters Honey Bun Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Corned Beef Hash Shredder Hash Brown Potatoes Biscuits / Sausage Gravy | Navy Bean Soup Kielbasa Cabbage Soup BBQ Beef Brisket Sliders Grill Brst of Chick 'n Ital & Parm Crm Sauce Angel Hair/ Lt. Itl Parm Crm Sauce 'n Side Bermuda Blend Veggies Chick Pea Salad Yeast Rolls / Cornbread | Navy Bean Soup Kielbasa Cabbage Soup Assorted Deli Meats / Cheeses Home-Style Meatloaf w/ Gravy Home Style Mac & Cheese Greek Salad Sautéed Sliced Fresh Mushrooms Parker House Rolls / Sliced Breads |
| SUN Jun 26th | Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks / Cheesy Diced Pot Waffles / Strawberry Topping Biscuits / Country Gravy | Cheeseburger Broccoli Chowder Turkey Noodle Soup MS Country Style Chicken Salad BBQ Country Style Pork Ribs Carolina BBQ Baked Beans Whole Buttered Gr Beans Almandine Fresh Berries & Mandarin Orange Salad Brown & Serve Rolls / Cornbread | Cheeseburger Broccoli Chowder Turkey Noodle Soup Assorted Deli Meats / Cheeses Rosemary Baked Cut Chicken Roasted Red Potatoes Buttery Green Peas Southern Style Okra Succotash Slider Rolls / Sliced Breads |

| DESSERTS - REGULAR LINE | | DESSERTS - DIET LINE | | DAILY SHORT ORDER LINE - LUNCH ONLY | |
|-------------------------|-------------------------|--------------------------|--|--|--|
| Mon | Peach Pie | NSA Apple Pie | | Grilled Hamburgers w/ Buns / Sliced Cheese | |
| Tue | Rocky Road Cookies | Assorted SF Cookies | | Grilled Hot Dogs w/ Buns / Chili / Cheese Sauce | |
| Wed | Carrot Cake | Fresh Fruit Cups | | Grilled Chicken Breast w/ Corn Rolls | |
| Thu | Lemon Squares | Angel Cake w/Blueberries | | Grilled Cheese Sandwiches on White or Wheat | |
| Fri | Cookies & Cream Pie | NSA Chocolate Pie | | Condiments: Green Leaf Lettuce / Sliced Tomatoes | |
| Sat | Sugar Cookies | Assorted SF Cookies | | Sliced Red Onions / Dill Pickle Slices | |
| Sun | Pineapple Bread Pudding | Tropical Fruit Cups | | Horseradish / Bacon / French Fried Potatoes | |